

SANDHILLS SANKOFA NEWS



Official Newsletter of Sandhills Family Heritage Association



SANDHILLS FAMILY HERITAGE ASSOCIATION RECEIVES GRANT TO HELP REHABILITATE HISTORIC SPRING LAKE CIVIC CENTER



The Historic Fayetteville Foundation Fund of Cumberland Community Foundation, Inc. has awarded SFHA a \$22,000 grant for architectural services for the rehabilitation of the Historic Spring Lake Civic Center. Previous phases of the renovation project included a critical roof replacement and interior gutting of the building. The building's historical importance includes its use as a hub for family events, community activities, and civil rights strategy meetings during the 1950s, 60s and 70s.

SFHA is very excited and appreciative to have been awarded this grant that will move us farther along with renovation of the Civic Center!

SFHA Needs Your Help!

SFHA is applying to have the Civic Center added to the National Register of Historic Places. Can you help to document the many activities that took place in the building from 1950-1970, especially civil rights activities? We need photos, personal statements, documents and anything you would like to contribute. Spring Lake Civic Center was and is a place of great importance in our community. Help us tell the story.

Contact Ammie McRae Jenkins at 910-309-2198.



Youth Volunteer - Serving His Community



Johnathan Fitch of Spring Lake, NC

We are so excited to have Johnathan Fitch with us at this year's Farmer's Market! Johnathan has been in the Spring lake Area for 14 years. He is 16 years old and in the 11th grade at Pine Forest High School.

Johnathan likes to play basketball and video games. He considers his father his hero because he has been raising him and has taught him many things that will help him in the future. Johnathan helps out his community by cutting yards and is also a part of a youth group called Campus Life.

His future plans are to go to college for Veterinary Science or Marine Biology. He is also interested in Real Estate.

Our board member Doris Lucas invited Johnathan out to the Farmers Market. "She wanted me to come out and help out, so I said ok!"

Johnathan loves to see the different products and product that the vendors have. He believes that people his age should come to the Farmers Market. " I was talking to my parents the other day, a lot of people are going back to the old ways of growing their own stuff and raising livestock so that would probably be a good thing for us."

If Johnathan could change anything in this world he would change the negativity and violence towards each other because we are all in this together. He also believes that it is good for the youth to help out because most of the time you will learn something new.

His mother has a Scentsy business, her website is lovelysmells1877.scentsy.us and her Instagram is [lovelysmells_by_adafitch](https://www.instagram.com/lovelysmells_by_adafitch)

Know a youth interested in helping their community? Learn more about our Sankofa Youth Program at www.sandhillsfamilyheritage.org/sankofa-youth

Farmer's Market Vendor Spotlight



Robin(right) and Mikiyah(left) Hughes were invited to the SFHA Farmer's Market by our Board Chair, Janet Brower. They started The Essential Body 6 months ago. The COVID pandemic provided them the opportunity and time to do research to make products with no chemicals or preservatives, products that are good for your skin.

Originally from New York, the Hughes moved to Spring Lake 2 years ago. Robin loves making products and using them! She says that the process is very therapeutic for her. She has a love for cooking and creating products has been an extension of her creativity.

The Hughes do it all! They blend the oils, butters and fragrances, and bottle, label, and sale the products! Their first product was the butters. Through COVID they understood that people need to relax so they created a butter with lavender to help calm the emotions. Their whipped creams look like something you can eat! Their new River body butter for men, contains mango butter, Shea butter, coconut oil and different essential oils. They also have a pain relief cream made with menthol, magnesium, and peppermint.

Their newest products are for natural hair. They also make masks for mature, dry, combination, sensitive, and acne prone skin. Learn more at...www.the-essential-body.com @theessentialbody essentialbody127@gmail.com

Interested in becoming a vendor at our weekly Farmers Market? Contact Ammie Jenkins at 910-309-2198



Sandhills Family Heritage Association

Thank **YOU!** **Volunteers**



JUNE 2021 IMPACT!

201 households served

78 first time household recipients

Total 551 individuals served

We appreciate all that you do for the community!



SFHA IS SEEKING INDIVIDUALS WHO CAN PROVIDE INFORMATION ON THE HISTORY AND ACTIVITIES THAT TOOK PLACE AT THE SPRING LAKE CIVIC CENTER DURING THE 50S, 60'S, AND 70'S. IF YOU HAVE INFORMATION ON CIVIL RIGHTS ACTIVITIES, OLD PHOTOS, NEWSPAPER ARTICLES, MEETING MINUTES, OR ARTIFACTS THAT YOU WANT TO SHARE AND PRESERVE IN SANDHILLS AFRICAN AMERICAN HISTORY COLLECTION, PLEASE CONTACT AMMIE JENKINS AT 910-309-2198.

