



SANDHILLS FAMILY HERITAGE ASSOCIATION

NOVEMBER 2018 NEWSLETTER

Focus on Those Who Give Back to Community

VOLUNTEERS-We Couldn't Do Without YOU!

Individuals who volunteer make a commitment to serve for the greater good of the community. You may be surprised to learn that volunteering can provide several benefits to the volunteer. You can help reduce stress, form friendships, learn new skills, advance your career, and gain a sense of purpose.

Sandhills Family Heritage Association was founded more than eighteen years ago and continues to operate today because of the commitment of volunteers who make a difference in the lives of residents in the Sandhills area by giving their time, skills, talents and resources. Men, women and youth have given countless hours to further the vision and mission of SFHA.

Volunteers in the past have completed physical tasks to include painting the Civic Center building, planting perennials on market grounds, cleaning and organizing the storage building, distributing food to families in need, setting up tents, chairs and tables for market day, workshops and special events.

Documenting oral histories, performing re-enactments, serving on committees, attending workshops and conferences, meeting with town officials, planning and leading activities for youth, serving on board of directors, photographing and videotaping events, giving financial or legal advice are tasks that usually require special skill sets.

Friends of SFHA share information about programs and special projects with family, friends and supporters by making phone calls, sending information through social media, posting flyers in public places and distributing information during special events. Another important act is recruitment of members and other volunteers.

There is a place in this organization for you and your specific skill set, knowledge and talents. We welcome all that you have to offer SFHA to help make an even greater impact in the Sandhills Community.



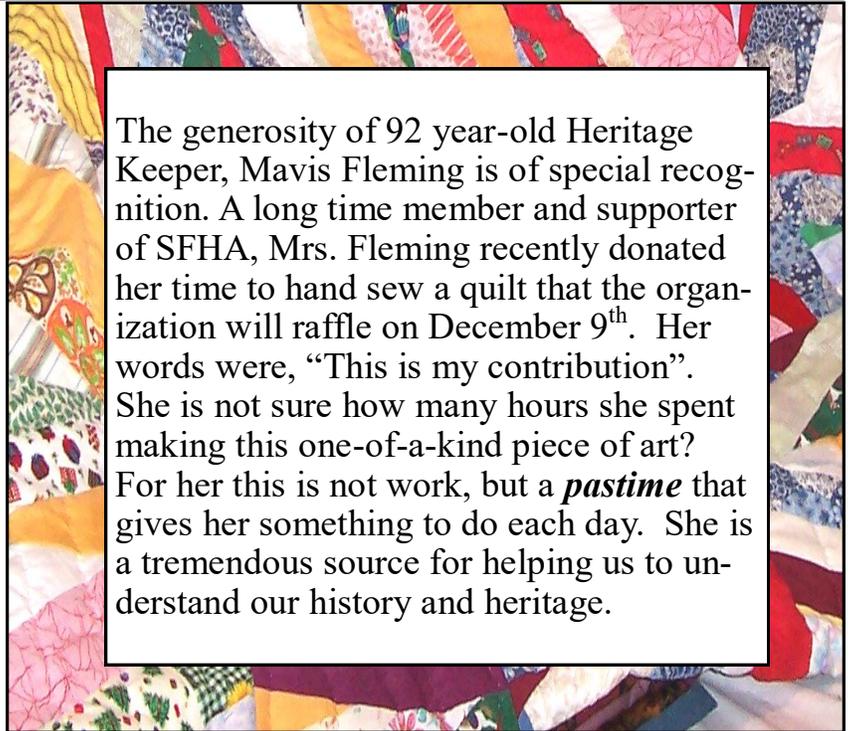
Sandhills Family Heritage Association

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SPOTLIGHT ON VOLUNTEERS

Mavis Fleming



The generosity of 92 year-old Heritage Keeper, Mavis Fleming is of special recognition. A long time member and supporter of SFHA, Mrs. Fleming recently donated her time to hand sew a quilt that the organization will raffle on December 9th. Her words were, "This is my contribution". She is not sure how many hours she spent making this one-of-a-kind piece of art? For her this is not work, but a *pastime* that gives her something to do each day. She is a tremendous source for helping us to understand our history and heritage.

Pamela Marks & Marie Smith



Energetic! Persistent! Fired-up! These are a few adjectives that describe volunteers Pamela Marks and Marie Smith, Sankofa Youth Team Members. They are passionate Sankofa Youth Food Distribution advocates. Both are youth leaders in their respective churches Bethel AME Zion and Johnsonville AME Zion and often bring youth groups together for activities in the AME Zion Dunn Lillington District. Their special talent for organizing has resulted in record numbers of volunteers showing up for recent food giveaways in Spring Lake.

Pamela is SFHA's new Food Distribution Coordinator who organizes and recruits volunteers for the Program.

Marie provides photographic documentation of the SFHA food distribution sites.

NORTH CAROLINA CENTRAL UNIVERSITY SCHOOL OF LAW



The Director of the North Carolina Central University **Pro Bono Project**, Ms. **Deria Hayes**, **in collaboration with Elder Law Project**, two additional attorneys, three Law School students and the Administrative Assistant offered superb services and guidance to members of the community on **Saturday, October 27th** at the **Spout Springs Presbyterian Church** in the Johnsonville community of Harnett County. Participants were from Harnett, Moore and Lee Counties. They included singles, couples and parents with adult offspring. Refreshments were available throughout the day.

During a totally confidential and individualized process, participants were provided documents in hand when their session was concluded that were typed, processed and notarized with witnesses. Best of all, this service was provided at no cost to the participants. Just as in previous Wills Clinics, each person left with tremendous peace of mind that their business, personal, financial and legal affairs were greatly improved.

Any of us may face changing circumstances such as deaths, births, divorces or marriages, changes in family relationships, sale or purchase of assets, lack of availability of a previously identified executor. All of these may have impact on our need to get an update to an Estate Will. Since the Estate Will, or Last Will and Testament, outlines the decedent's wishes regarding the distribution of real estate and personal property upon death—the State is denied the need to intervene.

The foremost feature of this process is the protection of assets by assuring a written, current Estate Will is completed. The protection of assets to promote cross-generational financial security and greater opportunity for family members to come is a significant tenant of the mission of Sandhills Family Heritage Association.

Sandhills Family Heritage Association Board and Membership are truly grateful for the collaboration with the North Carolina Central University Law School and the Pro Bono and Elder Law Clinics. It is our wish to continue offering value-added experiences to enrich the lives of the Sandhills Communities. With your continued interest and support, the organization looks forward to continuing the mission of protecting our assets for the future of our community.

Community Volunteers on Clean-up Day at The Historic Spring Lake Civic Center Building



In 1950, African-American residents of Spring Lake and Manchester constructed the Spring Lake Civic Center building for use as a social and recreation center. During the Civil Rights era, the building was used as a hub for NAACP meetings, voter registration, desegregation efforts and community-building in Cumberland and surrounding counties. Community celebrations such as weddings, dances, family reunions, birthday parties, and fundraising events were held at this site.

The building was gifted to Sandhills Family Heritage Association in 2002 by the last remaining Trustee of the Spring Lake Civic Association. As stewards of this important historic and cultural gift, SFHA is working with the community to preserve and restore the building and to secure national historic designation for the property. The fully restored building will house historic and cultural collections that tell the stories of African-Americans in the Sandhills of North Carolina. Sandhills Family Heritage Association will occupy the new Sandhills Heritage Center and continue its work in the community.

Please click on the link below to learn more about the Historic Civic Center Building Project. You can also click on “Donate Now” to make a tax deductible donation in your name or in honor or memory of a love one. <http://sfha-nc.org/> SFHA appreciates all forms of support.

Sandhills Family Heritage Association is a nonprofit 501(C)3 organization.
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